

DFES Wellness Week Fundraiser

**Monday March 22 to
Friday March 26**

For our DFES PTA Wellness Week Fundraiser, we're using Pledgestar, an awesome web-based fundraising system that makes it easy for you to request pledges from your family and friends, and for them to make secure donations online. (It's what we've used for past Walkathons.) Please register now to help raise funds for our DFES Literacy specialist, art program, classroom supplies and support, BrainPop, PTA website and ParentSquare, and online community building events. *All students who register on Pledgestar earn a medal and a cool t-shirt!*

- To register - go to:
<http://pledgestar.com/dfes>
- Click "Not Registered For This Year's Event"
- Enter your (grown-up's) name and email address and click "Submit"
- Follow the instructions on-screen to register students!

WWW.DFESPTA.ORG/FUNDRAISING/WELLNESS-WEEK

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Wellness Week Activities

Daily live (Zoom) and recorded wellness activities: yoga, meditation, healthy cooking, dance, and more!

Wellness Bingo to enter a drawing for prizes (check your mail for your child's Bingo card)

Download the above image to color and find the week's schedule and wellness resources on our website